SET MENUS

LUNCH SET MENU

Weekdays (excluding weekends & public holidays) 24.00

Main course of the day & Dessert of the day

Weekends & Public Holidays
Our chef **Jérémy Boiteux** and his team
offer a special suggestion
based on the day's market

CHILDREN'S MENU

For children up to 12 years old 14.00

A soft drink of your choice

Crispy chicken or fish or white ham served with a side dish of your choice

Chocolate cake or A scoop of ice cream of your choice

Please feel free to ask for the list of allergens contained in our dishes

LIGHT BITES

THE CAESAR

Marinated homemade crispy chicken, romaine lettuce, parmesan, soft-boiled egg, tomatoes, croutons, and marinated anchovies

21,50

RED TUNA KEBAB-STYLE

Salad, tomatoes, basil, onions and Mediterranean condiments 26.00

BEEF TARTARE

Hand-cut «Charolais» beef tartare with southern flavors, served with fries 25.00

OBEACH SALAD

Arugula, spinach, crispy vegetables, seasonal fruits, quinoa, marinated sea bream fillet, and tangy vinaigrette 23.00

STARTERS

OMEMADE TERRINE

French pork terrine with thyme, dried figs, and multigrain breads 16.00

PERFECT EGG

Creamy pea velouté, mint foam, walnut oil, and croutons 14^{.50}

PRAWNS

Ceviche-style prawns with a cold shellfish bisque and citrus fragrance 22.50

BURRATA

Heirloom tomatoes, 18-month-aged Parma ham, Apulian burrata, and homemade «PICUAL» olive oil pesto 19.00

OYSTERS

Selection based on daily delivery 6 pieces 19.00 | 12 pieces 36.00

FISH DISHES

MEDITERRANEAN MEAGRE

Pan-seared, served with a seasonal vegetable «sauce vierge» and 18:1 olive oil 28^{.50}

SEA BREAM

Celery root in two textures, garnished with preserved lemon and roasted hazelnuts 25.00

GRILLED OCTOPUS

Served with tzatziki, beetroot hummus, and smoked paprika chickpea dip 25,00

RED TUNA TATAKI

Seared and citrus-marinated red tuna with cumin carrot cream 28.00

All our dishes are served with a side of your choice

MEAT DISHES

SMASH BURGER

Homemade charcoal bun, «Charolais» beef, tomato, arugula, cheddar, onion compote, and crispy bacon 23.00

DUCK BREAST

French duck breast,
pan-seared, served with vanilla parsnip mousseline,
poached pear,
and tangy reduced sauce
28,00

VEAL TENDERLOIN

Slow-cooked at low temperature, served with charred leeks, sautéed oyster mushrooms with parsley, and rich jus 26.00

All our dishes are served with a side of your choice

SIDE DISHES TO ACCOMPANY YOUR MAIN COURSE

FRIES

CREAMY POLENTA

With seasonal mushrooms and fresh herbs

THAI RICE

Stir-fried with Asian flavors

CAULIFLOWERX

Cauliflower cream, caramelized cabbage, and lime

SALAD

Arugula, spinach shoots, sun-dried tomatoes, and pickled onions

Additional side dish: €6.00

DESSERTS

CREATED BY OUR PASTRY CHEF, STÉPHANE MAGRIN

CHEESE PLATTER

Selection from «Got» cheese shop, Rue Lamalgue, Toulon 15.00

PINEAPPLE

Roasted pineapple with Timut pepper, kalamansi cream, yogurt mousse, and limet 12.00

70% CHOCOLATE

Classic chocolate fondant, vanilla ice cream, and crispy tuile

12,00

SIGNATURE DESSERT

LO BEACH'S signature orange cake, mandarin sorbet, and whipped cream 12.00

PEAR

Poached pear with sweet spices, crispy gianduja shell, hazelnut crumble, milk caramel, and fleur de sel 12.00

GOURMET COFFEE VERY GOURMET

15,00

GOURMET CHAMPAGNE

Also works very well... 28,00

ICE CREAMS

Vanilla, chocolate, coconut, strawberry, raspberry, lemon, mandarine

1scoop 2^{.50} | 2 scoops 5^{.00} | 3 scoops 7^{.00}

Homemade whipped cream 2^{.00}